SALT	kindness	peace	generosity	self-control
Speaking about Life and Truth	Biblical example			
For impromptu, it's beneficial to have a list of examples in your mind that you can easily recall and use in your				
speaking.	Biblical negative ex	ample		
patience	perseverance	thankfulness	honesty	faithfulness
	perseverance	tilalikitilless	Hollesty	Taithiumess
Biblical example	perseverance	tilalikiuliless	Попезту	Taithiumess
		tilalikiuliless	lionesty	Taitmuiness